

Season 3

Episode 19: The Brig

Original Air Date: May 2nd 2007

Facilitation Date: May 9th 2007

Episode Information:

A newly focused Locke breaks away from "The Others" in an attempt to persuade Sawyer to help rid them of a great nemesis that has caused nothing but pain in both of their lives. Meanwhile, a new island inhabitant discloses some shocking information about Oceanic Flight 815.

Overall Episode Discussion Theme:

- "The Brig" deals primarily with the time Locke has spent with the "Others". In this particular lesson we will be focusing on him in the context of how people respond to grief.

Key Show Facts:

- Locke returns from the "Others" camp and speaks to Sawyer.
- Convinced that Locke has captured Ben, Sawyer follows him into the jungle.
- Once inside the Black Rock, Locke imprisons Sawyer in the brig with Anthony.
- Upon hearing Anthony talk about his past, Sawyer comes to the conclusion that Anthony was the confidence man whose con led to Sawyer's parent's deaths.
- When Anthony shows no remorse, Sawyer strangles him to death.
- Locke tells Sawyer that Juliet is a mole for the "Others" - giving him the tape recorder as proof.
- In order to convince Sayid that she is not one of the "Others" Naomi gives him a communication device that may be able to contact her associates.
- Flashbacks reveal what exactly happened during Locke's time with the "Others".

Time for speculation on the show – Sample Topics

- When Kate approached Jack about Naomi, Juliet said, "We should tell her" referring to Kate. Jack replied, "Not now."
 - What do you think Juliet wanted to tell Kate?

If you could look back on last week's show and plan this lesson... what would you focus on?

Review: What do we know about Locke?

Scripture: **Romans 12:17-21 (The Message)**

"Don't hit back; discover beauty in everyone. If you've got it in you, get along with everybody. Don't insist on getting even; that's not for you to do. "I'll do the judging," says God. "I'll take care of it." Our Scriptures tell us that if you see your enemy hungry, go buy that person lunch, or if he's thirsty, get him a drink. Your generosity will surprise him with goodness. Don't let evil get the best of you; get the best of evil by doing good."

- What does the teaching mean to you?
 - What is the main theme/point of the passage?
 - What advice does it give?
- How does this teaching relate to what happened in this week's episode?

Clip 1 – Anguish – 18:34 – 22:15 "Don't you want to be free from him?"

- What are some free association words that come to mind when you hear the term "anguish"?
- Definition: **an-guish** *noun, verb*

dictionary.com

1. excruciating or acute distress, suffering, or pain: the anguish of grief.

urbandictionary.com

1. A complete and utter state of suffering.
2. Hurt so severe that desperation for relief immediately ensues.

- What are a few examples of situations that might cause an individual anguish?
- The definitions above indicate that anguish is more severe than grief...
 - What other emotions might a state of anguish produce in a person?
 - Depression
 - Helplessness
 - Anger
- In this episode, Sawyer and Locke are both prominently featured. How have they experienced anguish?
 - Sawyer - watching his mother die at the hands of his father before turning the gun on himself.
 - Locke - being repeatedly deceived by his father; ultimately, leading to his father attempting to kill him.
- What other characters on the island have experienced anguish?

Clip 2 – Anguish – 34:12 – 38:17 – “You ever been to Jasper, Alabama?”

- What actions might a person experiencing anguish take to alleviate their suffering?
 - Settling of scores
 - Self-reproach
 - Etc.
- Why does Sawyer kill Anthony? Is it to...
 - punish Anthony?
 - avenge his parents?
 - relieve his anguish?
- Ben tells John that he is crippled by his father.
 - Is Locke truly crippled by his father?
 - Does Anthony being alive cripple Sawyer?
 - Does Anthony need to die in order for them to move on?

Clip 3 – Anguish – 40:09 – 42:54 – “Why did you do this?”

- Locke says that because Anthony ruined his and Sawyer’s lives, he had it coming.
 - Is this true?
 - At what point are someone’s actions immoral enough that we’re justified in ending his or her life?
 - Is it justifiable?
 - Why or why not?
 - Anthony makes the point that he did not kill Sawyer’s parents. Sawyer’s father’s overreaction did.
 - Does this make Anthony any less responsible?
 - If so, does this make Sawyer’s actions less justifiable?
- What other options could...
 - Locke have explored?
 - Killing Anthony himself?
 - Deciding that following the “Others” might not be worth the price of being a murderer
 - Etc.

- Sawyer have explored?
 - Weighing the cost of vengeance against the toll killing a man would have on his conscience?
 - Etc

- What would Romans 12:17-21 suggest we do if we were in Locke and Sawyers position?

- After this episode, what is your impression of...
 - Locke?
 - Sawyer?
 - Are they better or worse for having gone through with ending Anthony's life?
 - Are they more or less crippled?

- What can we take away from this episode?

Devotional Activity: (10 Minutes)

Almost certainly, we will all experience a deep sense of anguish in our lifetime. The best thing we can do in order to handle this sorrow is to have a plan for how to act when we find ourselves challenged by it. The number one short-term way to handle anguish is distraction. This prevents us from dwelling on the incident that initiated our distressing position. Distraction, however, is only a short-term fix. We can't simply watch television for the rest of our lives in order to avoid the deep pain anguish imposed on us. What can truly set us free is embracing our own life, for what it is, whether it turned out the way we intended or not. This means accepting our anguish, all that has been, and, subsequently, making our present more fulfilling. Maybe it means taking up a new hobby, making a concerted effort to garner new relationships, etc.

Encourage everyone to take a minute and imagine an anguish of their past, or what it might feel like to experience a powerful suffering such as Sawyer's or Locke's. Then, have everyone think of a few constructive things they enjoy doing, or would like to learn to do. As a group, go around the circle and share both a distraction and an activity that would make their life more fulfilling as a means by which to move on from a past anguish or to have some idea of how to handle the pressure of a future one. While this is a relatively simple activity, and may not seem altogether life changing at the moment, one of the most difficult aspects of anguish is how it takes us by surprise. Taking the time to think about what makes life enjoyable to each of us and how we can improve our lives will prove extremely empowering/valuable in a moment when all we can feel is pain.

Further Speculation:

- Ben mentioned that the "Others" were moving to an "Old Place", presumably the area of ruins that Anthony Cooper was tied to...
 - Where did these ruins come from?
 - Remember the giant four-toed foot in the season two finale?

- Sun's father's company is Paik industries. In S0319 - "D.O.C." we got a glimpse of their corporate logo; which, once translated, reads, "Paik heavy Industries". Paik heavy Industries, according to the ABC sponsored "LOST Experience" is responsible for building the *Helgus Antonius* ship for the Hanso Foundation. In addition, once translated, the conversation Sun walks in on at her father's office would be something like "We haven't revived forged shipping documents" and "I heard that Hanso Foundation is very upset because we didn't provide the equipment yet".

Clip times refer to episodes presented without commercials (i.e. On a DVD or legally downloaded through iTunes - <http://phobos.apple.com/WebObjects/MZStore.woa/wa/viewVideo?id=252901095&p=200507719&s=143441>).

Most recent episode also available at <http://dynamic.abc.go.com/streaming/landing> - streaming only.

Scripture courtesy of <http://www.biblegateway.com>.

Definitions courtesy of <http://www.dictionary.com> and <http://www.urbandictionary.com>.

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