

2008-2009 HEALTH AS WHOLENESS IN MISSION INITIATIVE

1 **ACTION TO BE VOTED ON:**

2 Whereas, we believe that our Covenant community deserves leaders, who are vitally aware of the
3 importance of their health (mental, physical, and spiritual), and

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5 Whereas, we are serious about maintaining bodies fit for faithfulness in service to God;

6 Let it be declared that an incentive program shall be continued by the Conference Board of
7 Pensions and Health Benefits to encourage eligible full time both lay and clergy participants
8 (active, retired, enrolled spouses & enrolled children over 18 years of age) in HealthFlex. This
9 initiative aims for persons to take greater personal responsibility for their health by completing 3
10 meaningful steps toward better health stewardship.

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12 These 3 simple steps include:

- 13 1. An annual Wellness exam (as provided for in HealthFlex).
- 14 2. A Blood Screening (Chem Screen & Lipid Profile, etc.)
- 15 3. Completion of the On-line Health Quotient (HQ) accessed at www.gbophb.org.

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17 Our goal is 100% participation of all eligible persons. Following submission of appropriate proof
18 of completion documentation (to be determined by the Annual Conference Board of Pensions
19 and Health Benefits) the Board shall pay \$150 to the HealthFlex participant and each eligible
20 dependant for completion of these steps toward wellness. For those who received their reward
21 last year, the above steps must be completed anew (after July 1, 2008) to receive this year's cash
22 incentive.

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24 Although not in HealthFlex, less-than-full-time clergy are also encouraged to embrace Health as
25 Wholeness in Mission. To that end, we will pay \$50 to less-than-full-time clergy who complete
26 steps 1 and 2 (lines 10 & 11 above) and provide documentation as defined and set by the
27 Conference Pension office.

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30 **RATIONALE:**

31 Each one of us is accountable for stewarding our own health. All that we are is a gift of God.
32 God gives gifts in a responsible fashion, but with the expectation that each must respond and we
33 have an opportunity to participate in God's saving grace. God loves us enough to give us a role
34 to play in our own health. This petition's goal is to help each HealthFlex participant and others as
35 we seek to achieve our best personal health, so that we can enjoy life and fulfill the role God
36 intends for us.

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38 The Conference Board of Pensions and Health Benefits was tasked in the 2006 petition with
39 studying the issue of extending this benefit to less than full time clergy and lay employees. The
40 Board reports that it is the intention of this program to encourage HealthFlex participants to get a
41 physical, to take the Health Risk Assessment, and to get their blood work done. The long-term
42 effect in doing this would be to have healthier ministers and lay participants and having the
43 premiums be reduced. Therefore, the whole AC would benefit. The current program appears to
44 be working.

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46 We have 4 years of experience with the program and encourage full time and part time clergy to
47 participate.
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50 **PETITION INFORMATION:**

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52 **EFFECTIVE DATE:** July 1, 2008

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54 **TERMINATION DATE:** June 30, 2009

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56 **FINANCIAL IMPACT:**

57 (To be completed in by Originator of Petition)

58 None, this is funded by pension/health reserves already set aside and designated by the
59 Conference Board of Pensions and Health Benefits. The annual cost has been running between
60 \$31,000 and \$35,000.

61 (To be completed by Conference Council on Finance and Administration)

62 Reviewed by Council on Finance and Administration, March 18, 2008

63 Included in the Proposed 2009 Budget: No in the amount of \$ 0

64 The Council On Finance & Administration endorses this Petition.
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66 **ORIGINATOR OF THE PETITION:**

67 Conference Board of Pension and Health Benefits
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69 **PERSON TO PRESENT PETITION TO CONFERENCE:**

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