



Preventive Guidelines

HealthFlex has adopted the following preventive care guidelines based on the recommendations of the U.S. Preventive Services Task Force. Individuals with symptoms or at high risk for disease may need additional services or more frequent interventions. Please direct questions to your personal physician.

Please refer to your Benefit Booklet or contact your medical carriers customer service to determine preventive services covered under your benefit plan.

Children Younger than 10 Years

Screening

Height/weight

Blood pressure

Vision screening

T4 and/or TSH

PKU level

Hemoglobinopathies

Elevated lead levels

Recommended Frequency

Regular throughout infancy and childhood

Periodically, beginning at age 3*

Once between ages 3-4

Optimally, between day 2 and 6, but in all cases before discharge from the hospital

After milk feeding has begun to detect a genetic disease that can lead to mental retardation and brain damage if untreated

Once at birth to look for possible abnormal red blood cells

At least once at age 1 for children at increased risk of lead exposure

Immunizations

DtaP or DTP

Polio

MMR

H. influenza type B (hib)

Hepatitis B

Varicella

Recommended Frequency

5 immunizations at 2, 4, 6 months, between 15-18 months, and once between ages 4-6

4 immunizations at 2 months, 4 months and between 6-18 months, and between ages 4-6

2 immunizations between 12-15 months, and between ages 4-6
If second dose missed, give by ages 11-12

3 or 4 immunizations, depending on the vaccine, at 2 months, 4 months, 6 months and between 12-15 months

3 immunizations between 2-18 months
If not immunized by age 13, three immunizations according to doctor's recommendation

1 immunization between 12-18 months, or older children without a previous history of chicken pox or chicken pox immunization

*Frequency should be discussed with your physician

Note: In order to ensure full payment of benefits, routine diagnostic codes should be used for services rendered for wellness examinations.