



## **Wellness and You – Annual Wellness Exam**

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### **What benefits are covered in an adult wellness exam?**

Wellness care for adults age 16 and over:

- One adult physical per calendar year covered 100% after co-payment
- Includes benefits for routine physical examinations and routine diagnostic tests at either a hospital or professional services facility
- One routine gynecological examination per calendar year in addition to the routine physical examination covered at 100% after co-payment
- Routine mammograms
- Routine pap smear tests
- Routine prostate test & digital rectal examinations
- Routine colorectal cancer screening (surgical procedures such as colonoscopy and sigmoidoscopy are covered according to benefits for surgical services)
- Additional routine diagnostics and immunizations are covered at 100% up to a \$500 limit

### **What benefits are covered in a wellness exam for a child?**

Wellness care for children up to age 16:

- One physical per calendar year covered 100%
- Includes routine diagnostics and immunizations
- All routine immunizations required from birth to age 2 covered at 100%